

## **Cindy Fair, LMFTA**



People need people. We were created to be connected to one another. Most of the pain in our lives is due to relationship problems when there is some type of disconnect. My aim is to be able to help others, through counseling, by helping them understand themselves and how to connect to others.

I completed my Masters in Marriage and Family Therapy at University of Houston-Clear Lake along, which included two years of clinical practicum and internship experience. I have received my license as a Marriage and Family Therapist Associate, and continue to receive clinical supervision according to the standards set forth in the State of Texas.

I see children, families, individuals, and couples. I offer face to face counseling for a variety of issues including conflict resolution, depression, behavioral problems, parenting, anger management, and others. If there is an issue that is beyond my scope or ability, I will assess the case and refer to someone who can help.

I have been married 30 years to the same wonderful man who helped me raise 3 healthy sons. I believe this experience is a greater teacher than all my education.

I want to share what I have learned in life as well as in school with others to help them become all that they desire and all that God intended.