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I am a Licensed Clinical Social Worker and Approved Supervisor in the state of Texas, as well as a Registered Play Therapist and Supervisor. In 1983, I received my Bachelor of Social Work Degree from Armstrong State College in Savannah, Georgia. Then in 1988, I received my Master of Social Work Degree at the University of Georgia. Although I received my education in Georgia, I am a native of Texas and Brazoria County and have been providing services in the greater Houston area since returning in 1996. I have had over 20 years experience in providing individual, family and group therapy to children, adolescents and adults.

My career began in the field of gerontology and brain injury, but I eventually took the opportunity to work with sexually abused children and their families at the Harris County Child Advocacy Center. There for 11 years, I received invaluable training in research on the effects of trauma on the brain and the role of play in treatment and healing. Then in 2011, I went into private practice where I have continued to specialize in working with young children, ages 2 and up, and adolescents who have experienced trauma, including complex trauma; sexual and physical abuse, neglect and exposure to violence. In addition, I also work with children with ADHD, anxiety, mood and adjustment disorders; attachment problems, grief and loss; school difficulties and developmental disorders, as well as adults and families. I have had the opportunity of developing a particular expertise in Child Centered Play Therapy and Animal-Assisted Therapy in my work and the privilege to have provided workshops and supervision in these areas in the U.S., Australia and New Zealand.

Over the past few years, my work has grown to integrate the Christian faith and Biblical principles into the psychotherapy process when desired by the client. I believe that the healing that takes place within this context is the most profound because it is in accordance with God's will and guidance.

Child Centered Play Therapy also, I truly believe and have witnessed, embraces the Biblical truth that each of us is "fearfully and wonderfully made" Psalm 139:14. Regardless of the circumstances and experiences of children, God planted on the inside of each of them what they need to grow and flourish. CCPT is a way of bringing forth what God has already placed in each person. For many years, I continue to be in awe of God's work and feel privileged to be the hands and feet of Jesus.