

Kimetre R. Hopkins, MA, LPC, LMFT



I discovered early in life that I have a heart for helping others. I have always felt inclined to help those who are hurting to discover a more peaceful, joyful life experience. In order to accomplish this goal professionally, I attended Jackson State University where I earned a Bachelor of Science degree in Psychology. I continued on to the University of Houston-Clear Lake where I earned a Master of Arts degree in Family Therapy.

Since becoming licensed as a Professional Counselor and a Marriage and Family Therapist, I have worked with children, adolescents, adults, couples, and families in a variety of settings, including private practice, child placing agencies, community mental health agencies, psychiatric hospitals, and the VA hospital. I have extensive experience in working with children who have experienced abuse and neglect, social skills issues, and behavior challenges. When I discovered that young children speak through their play, I completed specialized training in play therapy techniques and early childhood mental health techniques so that I could speak their language more effectively. I've also enjoyed the journey of assisting adults, whether individually or as a part of a couple or family unit, to realize their fullest potential. I continue to be inspired by watching my clients reach their fullest potential when given the tools and an environment in which they feel safe and encouraged to set out on that journey.

Through my own personal life experiences, I've learned the true value of cherishing and building on the important relationships in life. I feel blessed to be a mother of two young children and believe that is one of the greatest gifts I've been given in this life. In my spare time, I enjoy reading and spending time with extended family and friends. I look forward to getting to know you better and walking with you as you take this huge step towards accomplishing your goals.